

BETHANY RIVERSIDE
RECREATION THERAPY INFORMER

January 5th-11th 2019

RDC=Recreation Dining Center
FLC=Faith and Life Center

MDR= Mitchell Dining Room
DAR=Dorset Activity Room

SATURDAY, January 5th

12:00 1:1 visits-Room to Room
1:15 Social-RDC
1:30 Bingo-RDC

SUNDAY, January 6th

9:30 Worship Service-FLC (No Rec Staff in the Building)

MONDAY, January 7th

9:30 Baking "Egg in a Hole"-RDC
1:30 Laughter Yoga-RDC
3:00 Discussion Group "Winter Activities"-RDC
6:00 Words in Words-RDC

TUESDAY, January 8th

- 7:15 Special Breakfast with RT Staff-RDC
- 9:30 Group Range of Motion-FLC
- 1:15 Social-RDC
- 1:30 Bingo-RDC
- 3:00 Reading Group: Book “The Clara Olson Mystery”-RDC

WEDNESDAY, January 9th

- 7:15 Breakfast outing to Hungry Peddler (See RT to sign up)
*Charge will be added to resident’s bill
- 9:30 Bible Study with Pastor Lisa-RDC
- 1:30 Bowling!-RDC
- 2:30 Pet Therapy visits with Sue and Curly-Room to Room
- 3:00 Body Coordinates-RDC
- 6:00 Craft “Gratitude Tree”-RDC

Thursday, January 10th

- 9:00 Rosary-FLC
9:30 Catholic Mass-FLC
1:30 Baking “Chocolate Salted Caramel Pretzel Cookies”
3:00 Group Range of Motion-FLC

Friday, January 11th

- 9:30 Coffee and Conversation with Sarah-RDC
1:30 Horse Racing!-RDC
3:00 Making “Paper Icicles”-RDC

Please Recycle this Paper

Activities are Subject to Change

Did you know...

Every resident (or their representative) has the right to file grievances. If you have a grievance, you can talk to any staff member or report it directly to our grievance officer, Patrick Senzig. Patrick's contact information is 608-406-3923 or psenzig@gundersenhealth.org.