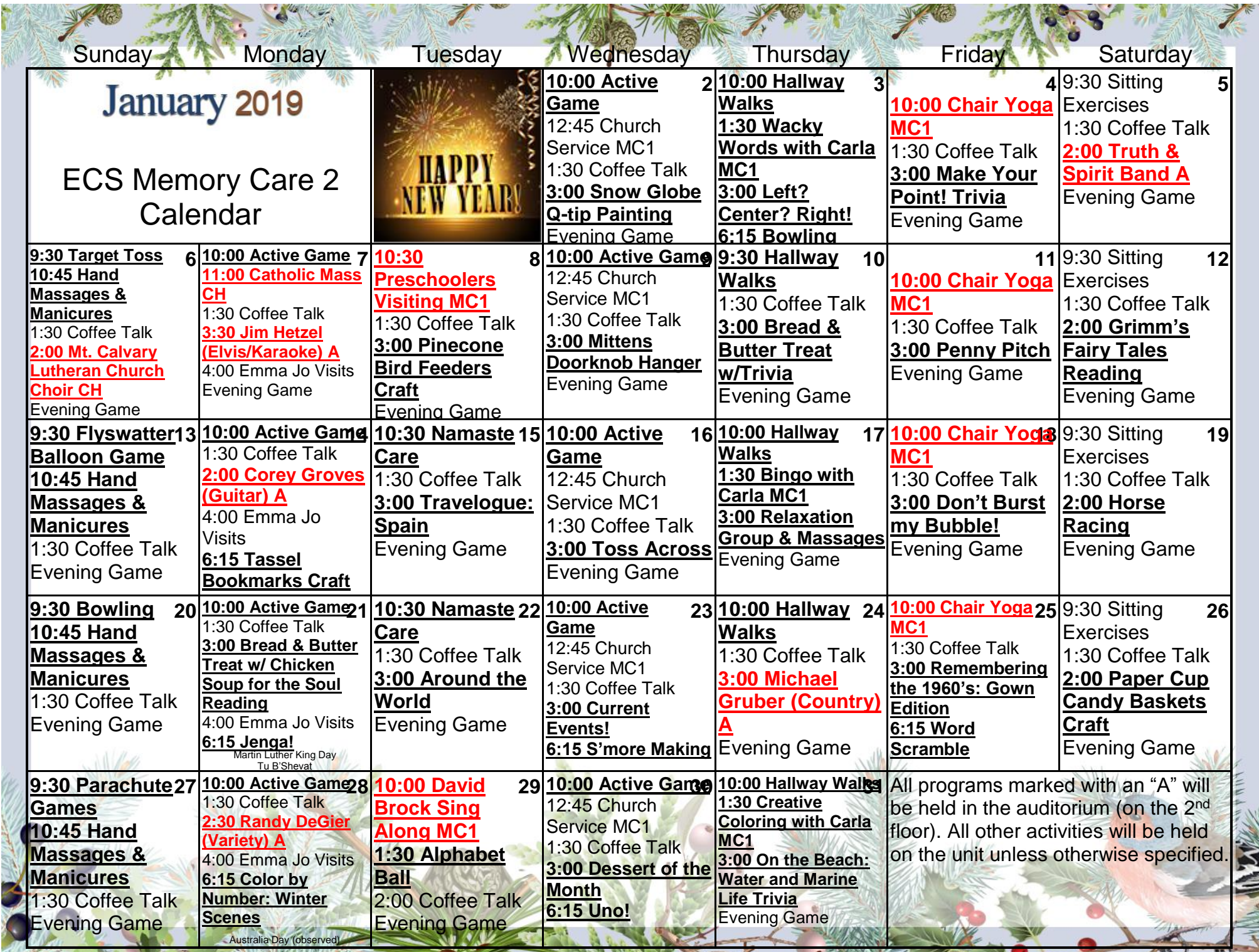


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Sitting Exercises 12:45 Church Service 1:30 Coffee Talk 2:15 Snow Globe Q-tip Painting Evening Game	9:00 Hallway Walks 1:30 Wacky Words with Carla 2:15 Left? Center? Right! 5:30 Bowling	10:00 Chair Yoga 1:30 Coffee Talk 2:15 Make Your Point! Trivia Evening Game	9:30 Target Toss 2:00 Truth & Spirit Band A Coffee Talk Evening Game
6 9:30 Sitting Exercises 10:00 Hand Massages & Manicures 1:30 Coffee Talk 2:00 Mt. Calvary Lutheran Choir CH Evening Game	9:30 Strong Bones Exercise 11:00 Catholic Mass CH 1:30 Coffee Talk 3:30 Jim Hetzel (Elvis/Karaoke) A 4:00 Emma Jo Visits Evening Game	10:30 Preschoolers Visiting 11:00 Rosary 1:30 Coffee Talk 2:15 Pinecone Bird Feeders Craft Evening Game	9:30 Sitting Exercises 12:45 Church Service 1:30 Coffee Talk 2:15 Mittens Doorknob Hanger Evening Game	9:00 Hallway Walks 1:30 Coffee Talk 2:15 Bread & Butter Treat w/Trivia Evening Game	11 10:00 Chair Yoga 1:30 Coffee Talk 2:15 Penny Pitch Evening Game	9:30 Pass the Slipper 1:00 Make an Ice Wreath Bird Feeder Coffee Talk Evening Game
13 9:30 Sitting Exercises 10:00 Hand Massages & Manicures 1:30 Coffee Talk Evening Game	9:30 Strong Bones Exercise 1:30 Coffee Talk 2:00 Corey Groves (Guitar) A 4:00 Emma Jo Visits 5:30 Tassel Bookmarks Craft	9:30 Namaste Care 11:00 Rosary 1:30 Coffee Talk 2:15 Travelogue: Spain Evening Game	9:30 Sitting Exercises 12:45 Church Service 1:30 Coffee Talk 2:15 Toss Across Evening Game	9:00 Hallway Walks 1:30 Bingo with Carla 2:15 Relaxation Group & Massages Evening Game	18 10:00 Chair Yoga 1:30 Coffee Talk 2:15 Don't Burst my Bubble! Evening Game	9:30 Bowling 1:00 Horse Racing Coffee Talk Evening Game
20 9:30 Sitting Exercises 10:00 Hand Massages & Manicures 1:30 Coffee Talk Evening Game	9:30 Strong Bones Exercise 1:30 Coffee Talk 2:15 Bread & Butter Treat w/ Chicken Soup for the Soul Reading 4:00 Emma Jo Visits 5:30 Jenga! Martin Luther King Day Tu B'Shevat	9:30 Namaste Care 11:00 Rosary 1:30 Coffee Talk 2:15 Around the World Evening Game	9:30 Sitting Exercises 12:45 Church Service 1:30 Coffee Talk 2:15 Current Events 5:30 S'more Making	9:00 Hallway Walks 1:30 Coffee Talk 3:00 Michael Gruber (Country) A Evening Game	25 10:00 Chair Yoga 1:30 Coffee Talk 2:15 Remembering the 1960's: Gown Edition 5:30 Word Scramble	9:30 Parachute Games 1:00 Paper Cup Candy Baskets Craft Coffee Talk Evening Game
27 9:30 Sitting Exercises 10:00 Hand Massages & Manicures 1:30 Coffee Talk Evening Game	9:30 Strong Bones Exercise 1:30 Coffee Talk 2:30 Randy DeGier (Variety) A 4:00 Emma Jo Visits 5:30 Color by Number: Winter Scenes Australia Day (observed)	10:00 David Brock Sing Along 11:00 Rosary 1:00 Alphabet Ball 1:30 Coffee Talk Evening Game	9:30 Sitting Exercises 12:45 Church Service 1:30 Coffee Talk 2:15 Dessert of the Month 5:30 Uno!	31 9:00 Hallway Walks 1:30 Creative Coloring with Carla 2:15 On the Beach: Water and Marine Life Trivia Evening Game	All programs marked with an "A" will be held in the auditorium (on the second floor across from the library). All other activities will be held on the unit unless otherwise specified.	



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>January 2019</p> <p>ECS Memory Care 2 Calendar</p>				<p>10:00 Active Game 2 12:45 Church Service MC1 1:30 Coffee Talk 3:00 Snow Globe Q-tip Painting Evening Game</p>	<p>10:00 Hallway Walks 3 1:30 Wacky Words with Carla MC1 3:00 Left? Center? Right! 6:15 Bowling</p>	<p>10:00 Chair Yoga MC1 4 1:30 Coffee Talk 3:00 Make Your Point! Trivia Evening Game</p>	<p>9:30 Sitting Exercises 5 1:30 Coffee Talk 2:00 Truth & Spirit Band A Evening Game</p>
<p>9:30 Target Toss 6 10:45 Hand Massages & Manicures 1:30 Coffee Talk 2:00 Mt. Calvary Lutheran Church Choir CH Evening Game</p>	<p>10:00 Active Game 7 11:00 Catholic Mass CH 1:30 Coffee Talk 3:30 Jim Hetzel (Elvis/Karaoke) A 4:00 Emma Jo Visits Evening Game</p>	<p>10:30 Preschoolers Visiting MC1 8 1:30 Coffee Talk 3:00 Pinecone Bird Feeders Craft Evening Game</p>	<p>10:00 Active Game 9 12:45 Church Service MC1 1:30 Coffee Talk 3:00 Mittens Doorknob Hanger Evening Game</p>	<p>9:30 Hallway Walks 10 1:30 Coffee Talk 3:00 Bread & Butter Treat w/Trivia Evening Game</p>	<p>10:00 Chair Yoga MC1 11 1:30 Coffee Talk 3:00 Penny Pitch Evening Game</p>	<p>9:30 Sitting Exercises 12 1:30 Coffee Talk 2:00 Grimm's Fairy Tales Reading Evening Game</p>	
<p>9:30 Flyswatter 13 Balloon Game 10:45 Hand Massages & Manicures 1:30 Coffee Talk Evening Game</p>	<p>10:00 Active Game 14 1:30 Coffee Talk 2:00 Corey Groves (Guitar) A 4:00 Emma Jo Visits 6:15 Tassel Bookmarks Craft</p>	<p>10:30 Namaste Care 15 1:30 Coffee Talk 3:00 Travelogue: Spain Evening Game</p>	<p>10:00 Active Game 16 12:45 Church Service MC1 1:30 Coffee Talk 3:00 Toss Across Evening Game</p>	<p>10:00 Hallway Walks 17 1:30 Bingo with Carla MC1 3:00 Relaxation Group & Massages Evening Game</p>	<p>10:00 Chair Yoga MC1 18 1:30 Coffee Talk 3:00 Don't Burst my Bubble! Evening Game</p>	<p>9:30 Sitting Exercises 19 1:30 Coffee Talk 2:00 Horse Racing Evening Game</p>	
<p>9:30 Bowling 20 10:45 Hand Massages & Manicures 1:30 Coffee Talk Evening Game</p>	<p>10:00 Active Game 21 1:30 Coffee Talk 3:00 Bread & Butter Treat w/ Chicken Soup for the Soul Reading 4:00 Emma Jo Visits 6:15 Jenga! <small>Martin Luther King Day Tu B'Shevat</small></p>	<p>10:30 Namaste Care 22 1:30 Coffee Talk 3:00 Around the World Evening Game</p>	<p>10:00 Active Game 23 12:45 Church Service MC1 1:30 Coffee Talk 3:00 Current Events! 6:15 S'more Making</p>	<p>10:00 Hallway Walks 24 1:30 Coffee Talk 3:00 Michael Gruber (Country) A Evening Game</p>	<p>10:00 Chair Yoga MC1 25 1:30 Coffee Talk 3:00 Remembering the 1960's: Gown Edition 6:15 Word Scramble</p>	<p>9:30 Sitting Exercises 26 1:30 Coffee Talk 2:00 Paper Cup Candy Baskets Craft Evening Game</p>	
<p>9:30 Parachute Games 27 10:45 Hand Massages & Manicures 1:30 Coffee Talk Evening Game</p>	<p>10:00 Active Game 28 1:30 Coffee Talk 2:30 Randy DeGier (Variety) A 4:00 Emma Jo Visits 6:15 Color by Number: Winter Scenes <small>Australia Day (observed)</small></p>	<p>10:00 David Brock Sing Along MC1 29 1:30 Alphabet Ball 2:00 Coffee Talk Evening Game</p>	<p>10:00 Active Game 30 12:45 Church Service MC1 1:30 Coffee Talk 3:00 Dessert of the Month 6:15 Uno!</p>	<p>10:00 Hallway Walks 1:30 Creative Coloring with Carla MC1 3:00 On the Beach: Water and Marine Life Trivia Evening Game</p>	<p>All programs marked with an "A" will be held in the auditorium (on the 2nd floor). All other activities will be held on the unit unless otherwise specified.</p>		

