




Sunday Monday Tuesday Wednesday Thursday Friday Saturday

May 2019

ECS Memory Care 2 Calendar

			<p>9:30 Bella Visits 1 12:45 Church Service MC1 2:00 Relaxation Time 2:00 Sing-Along with Trina MC1 5:30 What Price is it? <small>May Day</small></p>	<p>10:00 Hallway Walks 2 2:00 Relaxation Time 3:00 Kerplunk! Evening Game</p>	<p>10:00 Chair Yoga MC1 3 2:00 Relaxation Time 3:00 Movie & Popcom Evening Game</p>	<p>9:30 Sitting Exercises 2:30 Cereal Bird Feeders 3:30 Relaxation Time Evening Game</p>
<p>9:30 Hallway Walks 5 10:00 Hand Massages & Manicures 2:00 Relaxation Time Evening Game</p>	<p>10:00 Target Toss 6 2:00 Relaxation Time 2:00 Root Beer Float Social MC1 5:30 Chicken Soup for the Soul Reading</p>	<p>10:00 Jackie Meyer (Piano) 7 11:00 Rosary MC1 2:00 Relaxation Time 3:00 Don't Burst my Bubble 5:30 Left? Center? Right!</p>	<p>10:00 Sitting Exercises 12:45 Church Service MC1 2:00 Relaxation Time 2:45 Namaste Care 5:30 S'more Making & Campfire Stories</p>	<p>10:00 Hallway Walks 9 2:00 Travelogue: Mexico! MC1 3:00 Relaxation Time Evening Game</p>	<p>10:00 Chair Yoga MC1 10 2:00 Relaxation Time 3:45 Namaste Care 5:30 Name that Tune!</p>	<p>9:30 Sitting Exercises 2:00 Relaxation Time Evening Game</p>
<p>9:30 Sitting Exercises 10:00 Hand Massages & Manicures 2:00 Relaxation Time Evening Game</p>	<p>10:00 Three-in-a-Row 12 11:00 Catholic Mass CH 2:00 Music by Randy DeGier and Ken Ring A 5:30 Uno!</p>	<p>10:00 Hallway Walks 14 2:00 Relaxation Time 3:00 Current Events Evening Game</p>	<p>10:00 Put-Put Golf 15 12:45 Church Service MC1 2:00 Relaxation Time 3:00 Namaste Care Evening Game</p>	<p>10:00 Hallway Walks 16 2:00 Relaxation Time 3:00 Spring Mandala Coloring 5:30 Create a Story</p>	<p>10:00 Chair Yoga MC1 17 2:00 Relaxation Time 3:00 Namaste Care Evening Game</p>	<p>9:30 Sitting Exercises 2:00 Yardtze 3:00 Relaxation Time Evening Game <small>Armed Forces Day</small></p>
<p>9:30 Walks Outside 19 10:00 Hand Massages & Manicures 2:00 Relaxation Time Evening Game</p>	<p>10:00 Bowling 20 2:00 Music by the Living Stones (Variety) A 3:00 Relaxation Time Evening Game <small>Victoria Day (Canada)</small></p>	<p>10:00 Hallway Walks 21 11:00 Rosary MC1 2:00 Relaxation Time 3:00 Dessert of the Month 5:30 Bike Rides</p>	<p>10:00 Flyswatter 22 Ball 12:45 Church Service MC1 2:00 Relaxation Time 2:45 Namaste Care Evening Game</p>	<p>10:00 Hallway Walks 23 2:00 Relaxation Time 3:00 Jenga! 5:30 Sing-Along</p>	<p>10:00 Chair Yoga MC1 24 2:00 Relaxation Time 3:00 Namaste Care Evening Game</p>	<p>9:30 Sitting Exercises 2:00 Relaxation Time Evening Game</p>
<p>9:30 Sitting Exercises 10:00 Hand Massages & Manicures 2:00 Relaxation Time Evening Game</p>		<p>10:00 Hallway Walks 28 11:00 Rosary MC1 2:00 Relaxation Time 3:00 Namaste Care 5:30 Bike Rides</p>	<p>10:00 Pinecone Pitch 29 12:45 Church Service MC1 2:00 Relaxation Time 3:30 Music by Tom Baker (Country) A Evening Game</p>	<p>10:00 Hallway Walks 30 11:00 Lunch Outing to Culver's 2:00 Relaxation Time 3:00 Namaste Care 5:30 Spring Bingo</p>	<p>10:00 Chair Yoga MC1 31 2:00 Relaxation Time 3:00 Namaste Care Evening Game</p>	<p>All programs will be held on the unit unless otherwise specified. MC1=Memory Care 1 A=Auditorium</p>

Questions? Please see Hannah Wieser, Life Enrichment Coordinator (608)-791-2713 hwieser@eaglecrestlife.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>May 2019</h1> <h2>ECS Memory Care 1 Calendar</h2>			9:30 Bella Visits 1 12:45 Church Service 2:00 Sing-Along with Trina 3:00 Relaxation Time 6:15 What Price is it? <small>May Day</small>	9:00 Hallway Walks 2 2:00 Kerplunk! 3:00 Relaxation Time Evening Game	10:00 Chair Yoga 3 2:00 Movie & Popcom 3:00 Relaxation Time Evening Game	9:30 Sitting Exercises 1:30 Cereal Bird Feeders 2:30 Relaxation Time Evening Game
9:30 Sitting Exercises 12:30 Hand Massages & Manicures 2:00 Relaxation Time Evening Game	5:30 Target Toss 2:00 Root Beer Float Social 3:00 Relaxation Time 6:15 Word Unscramble <small>Ramadan</small>	10:00 Jackie Meyer 7 <small>(Piano)</small> 11:00 Rosary 2:00 Don't Burst my Bubble 3:00 Relaxation Time 6:15 Left? Center? Right!	9:30 Sitting Exercises 12:45 Church Service 2:00 Namaste Care 3:00 Relaxation Time 6:15 S'more Making & Campfire Stories 8	9:00 Hallway Walks 9 2:00 Travelogue: Mexico! 3:00 Relaxation Time Evening Game	10:00 Chair Yoga 10 2:00 Relaxation Time 3:00 Namaste Care 6:15 Name that Tune!	9:30 Sitting Exercises 2:00 Relaxation Time Evening Game
9:30 Sitting Exercises 2:00 Relaxation Time Evening Game <small>Mothers Day</small>	9:30 Pinecone Pitt 12 11:00 Catholic Mass CH 2:00 Music by Randy DeGier and Ken Ring (Variety) A 6:15 Uno!	9:00 Hallway Walks 14 11:00 Rosary 2:00 Current Events 3:00 Relaxation Time Evening Game	9:30 Put-Put Golf 5 12:45 Church Service 2:00 Namaste Care 3:00 Relaxation Time Evening Game	9:00 Hallway Walks 16 2:00 Spring Mandala Coloring 3:00 Relaxation Time 6:15 Create a Story	10:00 Chair Yoga 17 2:00 Namaste Care 3:00 Relaxation Time Evening Game	9:30 Walks Outside 18 1:00 Yardzee 2:00 Relaxation time Evening Game <small>Armed Forces Day</small>
9:30 Sitting Exercises 12:30 Hand Massages & Manicures 2:00 Relaxation Time Evening Game	19:30 Bowling 20 2:00 Music by the Living Stones (Variety) A 3:00 Relaxation Time Evening Game <small>Victoria Day (Canada)</small>	9:00 Hallway Walks 21 11:00 Rosary 2:00 Dessert of the Month 3:00 Relaxation Time 5:30 Bike Rides	9:30 Strong Bones 22 Exercise 12:45 Church Service 2:00 Namaste Care 3:00 Relaxation Time Evening Game	9:00 Hallway Walks 23 2:00 Jenga! 3:00 Relaxation Time 6:15 Sing-Along	10:00 Chair Yoga 24 2:00 Namaste Care 3:00 Relaxation Time Evening Game	9:30 Sitting Exercises 2:00 Relaxation Time Evening Game
9:30 Sitting Exercises 2:00 Relaxation Time Evening Game	 MEMORIAL DAY	9:00 Hallway Walks 28 11:00 Rosary 2:00 Namaste Care 3:00 Relaxation Time 5:30 Bike Rides	9:30 Strong Bones 29 Exercise 12:45 Church Service 2:00 Relaxation Time 3:30 Music by Tom Baker (Country) A Evening Game	9:00 Hallway Walks 30 11:00 Lunch Outing to Culver's 2:00 Namaste Care 3:00 Relaxation Time 6:15 Spring Bingo	10:00 Chair Yoga 31 2:00 Namaste Care 3:00 Relaxation Time Evening Game	All activities will be held on the unit unless otherwise specified. Ex.) A=auditorium

Questions? Please see Hannah Wieser, Life Enrichment Coordinator (608)-791-2713 hwieser@eaglecrestlife.org