

## October 21<sup>st</sup>-October 27<sup>th</sup> Recreation Activities

### Memory Care 1

#### Monday, October 21<sup>st</sup>

9:30-10:15 Pumpkin Bowling  
1:30-2:30 Music & MP3\*  
2:00-2:45 Make Your Point! Trivia  
6:15-6:45 Bean Bag Toss

#### Tuesday, October 22<sup>nd</sup>

9:30-10:00 Pet Therapy Visits with Bella  
1:00-1:45 Color Your Mandala\*  
2:00-2:45 Relaxation Time\*  
6:15-6:45 Name 10

#### Wednesday, October 23<sup>rd</sup>

9:45-10:15 Horseshoes  
12:45 Church Service with Pastor Lisa\*  
3:00-3:45 Namaste Care  
6:15-6:45 Current Events

#### Thursday, October 24<sup>th</sup>

9:15-10:00 Put Put Golf  
1:15-1:45 Music & MP3\*  
2:00-2:45 Relaxation Time\*  
6:15-6:45 Create a Story

\* = RCA led activity

#### Friday, October 25<sup>th</sup>

10:00-10:30 Chair  
Yoga  
1:00-1:45 Daily  
Chronicle & Finishing  
Lines\*  
2:00-2:45 You Be the  
Judge  
6:15-7:00 Coverall Dice Game



#### Saturday, October 26<sup>th</sup>

9:45-10:30 Morning Walks  
1:00-1:45 Hand Massages & Manicures  
2:00-3:00 Color Your Mandala\*  
6:15 Evening Game\*

#### Sunday, October 27<sup>th</sup>

9:45-10:15 Sitting Exercises\*  
10:30-11:15 Bingo!  
2:00-2:45 Music & MP3\*  
6:15 Evening Game\*

#### Activity Locations

All activities will be done on the unit unless otherwise specified on the calendar.

A=Auditorium

CH=Chapel

Questions? See Hannah Wieser, Life  
Enrichment Coordinator 608.791.2733 or  
[hwieser@eaglecrestlife.org](mailto:hwieser@eaglecrestlife.org)

## October 21<sup>st</sup>-October 27<sup>th</sup> Recreation Activities

### Memory Care 2

#### Monday, October 21<sup>st</sup>

10:15-11:00 Pumpkin Bowling

1:30-2:30 Music & MP3\*

3:00-3:45 Kerplunk!

5:30-6:15 Bean Bag Toss

#### Tuesday, October 22<sup>nd</sup>

9:30-10:00 Pet Therapy Visits with Bella

1:00-1:45 Color Your Mandala\*

2:00-3:00 Relaxation Time\*

5:30-6:15 Name 10

#### Wednesday, October 23<sup>rd</sup>

10:15-10:45 Horseshoes

12:45 Church Service with Pastor Lisa (MC1)\*

3:45-4:30 Namaste Care

5:30-6:15 Current Events

#### Thursday, October 24<sup>th</sup>

10:00-10:45 Put Put Golf

1:15-1:45 Daily Chronicle & Coffee Talk\*

3:00-3:45 Music & MP3\*

5:30-6:15 Create a Story

\*=RCA led activity

#### Friday, October 25<sup>th</sup>

10:00-10:30 Chair  
Yoga (MC1)

1:00-1:45 Relaxation  
Time\*

3:00-3:45 You Be the  
Judge

5:30-6:15 Elton John  
Sing-Along



#### Saturday, October 26<sup>th</sup>

9:45-10:15 Sitting Exercises\*

1:30-2:00 Hallway Walks (on unit)\*

2:00-2:45 Hand Massages & Manicures

6:15 Evening Game\*

#### Sunday, October 27<sup>th</sup>

9:45-10:30 Morning Walks

12:30-1:15 Bingo!

2:00-3:00 Music & MP3\*

6:15 Evening Game\*

#### Activity Locations

All activities will be done on the unit unless otherwise specified on the calendar.

A=Auditorium

CH=Chapel

MC1=Memory Care 1

Questions? See Hannah Wieser, Life Enrichment  
Coordinator 608.791.2733 or [hwieser@eaglecrestlife.org](mailto:hwieser@eaglecrestlife.org)