

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2019

			<p>10:00 AM Advanced Directives Presentation - Deana</p> <p>1:30 PM Mass</p> <p>3:10 PM Bible Study</p> <p>May Day</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Documentary - National Parks Adventure</p>	<p>10:00 AM Beach Ball Exercise</p> <p>1:00 PM Bingo</p>	<p>9:30 AM Exercise Video</p> <p>1:00 PM Tom Baker - Music</p>
<p>10:45 AM Church</p> <p>Cinco de Mayo</p>	<p>9:30 AM Exercise</p> <p>1:30 PM Cinco de Mayo Party - Joe Cody, Music</p> <p>Ramadan</p>	<p>8:30 AM Exercise for Relaxation</p> <p>1:00 PM Outing to Good Steward</p>	<p>10:00 AM Pet Therapy with Daisy</p> <p>1:00 PM Outing to Vietnam Moving Wall in Holmen</p> <p>3:10 PM Bible Study</p>	<p>9:30 AM Exercise</p> <p>1:00 PM "My experience at BOC" with Diana, Intern</p>	<p>10:00 AM Beach Ball Exercise</p> <p>1:00 PM Bingo</p>	<p>9:30 AM Exercise Video</p> <p>1:00 PM Documentary - The Mayo Clinic</p>
<p>10:45 AM Church</p> <p>Mother's Day</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Drum Circle</p>	<p>8:30 AM Exercise for Relaxation</p> <p>1:15 PM Outing to MOKA</p>	<p>10:00 AM Dick Hagedorn - Music</p> <p>1:00 PM Resident Meeting</p> <p>3:10 PM Bible Study</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Massage by Janice (Free)</p>	<p>10:00 AM Beach Ball Exercise</p> <p>1:00 PM Bingo</p>	<p>9:30 AM Exercise Video</p> <p>1:00 PM Movie - Julie & Julia</p> <p>Armed Forces Day</p>
<p>10:45 AM Church</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Getting to Know Nicole, RN</p> <p>Victoria Day (Canada)</p>	<p>8:30 AM Exercise for Relaxation</p> <p>Time TBD Outing to Marcus Theatre for "Poms" Movie</p>	<p>10:00 AM Chair Swimming</p> <p>1:00 PM Wellness Project Activity</p> <p>3:10 PM Bible Study</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Drum Circle</p>	<p>10:00 AM Beach Ball Exercise</p> <p>1:00 PM Bingo</p>	<p>9:30 AM Exercise Video</p> <p>1:00 PM Documentary - An Unfinished Life</p>
<p>10:45 AM Church</p>	<p>2:00 PM Coffee & Pineapple Upside-Down Cake in the Dining Room</p> <p>Memorial Day</p>	<p>8:30 AM Exercise for Relaxation</p> <p>10:00 AM Bob Bovee - Music</p> <p>1:00 PM Paul Martin - Music</p>	<p>10:00 AM Pet Therapy with Daisy</p> <p>1:00 PM Drum Circle</p> <p>3:10 PM Bible Study</p>	<p>9:30 AM Exercise</p> <p>1:00 PM Wellness Activity</p>	<p>10:00 AM Beach Ball Exercise</p> <p>1:00 PM Bingo</p>	<p>Resident Birthdays</p> <p>Marian R. - 2nd Marilyn F. - 5th Lyle - 6th Marilyn T - 17th Ruth - 21st</p>

May is Mental Health Awareness Month. Watch for more activities that promote personal wellness throughout the month.